

RANGELESS RIDERS

Sat JUL 31, 2010

BENEFIT SHOOT

ALL PROCEEDS GO TO

(After Expenses)

HANDS TO HELP

www.handstohelpnfp.org

Hands to Help are a group of massage therapists and volunteers whose **mission is to save the world one massage at a time.** They work with disabled, elderly and terminal patients (and their caregivers), offering massage therapy, to provide relaxation, Decrease feelings of isolation and depression, reduce pain and anxiety and to provide comfort in end of life care. In time, they hope to also offer care to pediatric patients and persons with certain mental illnesses. *(Research has shown persons with depression, bi-polar disorder, schizophrenia and post-traumatic stress disorder, respond very well to the benefits of massage.)*

Registration at 5pm

Shoot starts at 6pm

Shoot 3 Stages in Daylight

Break for Dinner

(Sandwiches / Desserts / Drinks)

Shoot same 3 Stages in the dark